Morton Academy
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JS/KRE

3rd November 2026

Dear Parents and Carers

PE Kit and Health & Safety – Important Reminder

As we move into the colder and wetter months, I would like to take this opportunity to remind you of our PE kit expectations and some important health and safety requirements.

PE kit standards have been excellent overall this last half term, and we would like to thank you for your continued support in ensuring students arrive prepared for their lessons. As PE takes place outdoors in all but the most unsuitable conditions, it is particularly important that students have the appropriate clothing and equipment to participate comfortably and safely.

PE Kit and Preparing for Colder Weather

In colder weather your child can wear:

- Plain black or navy leggings or RRMA track pants.
- The RRMA track top may be worn over the RRMA PE T-shirt. Alternatively, students may wear plain black or navy skins, long-sleeved tops or suitable layers underneath their RRMA PE T-shirt.
- Navy football socks should be worn, particularly for football and rugby lessons, when students are outdoors and are likely to get wet feet.
- Football or rugby boots are strongly recommended for football and rugby lessons.

Please remember that the outermost layer must always be either the RRMA PE T-shirt or the official RRMA PE jumper. Students are not permitted to wear their own jumpers over their PE kit.

Additional Equipment for Pathway 1

Students who have chosen Pathway 1 will participate in both rugby and football. For these activities, **football or rugby boots and shin pads are strongly advised**.

Our school fields can become extremely wet and muddy, and students' progress can be hindered if they do not have suitable footwear. Wearing inappropriate footwear can also increase the risk of injury.

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Proud to support The National Year of Reading 2026. GO ALL IN.

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Gum shields are also strongly recommended for rugby. Students who do not bring a gum shield will not be permitted to participate in tackling practices or games involving tackling. This is an important safety measure, although it may limit the progress they can make in this area of the curriculum.

Gum shields can be purchased from retailers such as Sports Direct and Amazon, often for around £5 or less.

False and Acrylic Nails

The academy's uniform policy states that false and acrylic nails should not be worn to school. Unfortunately, we have recently seen an increase in accidents during PE lessons involving students wearing false or acrylic nails.

We would therefore appreciate your support in ensuring that any false or acrylic nails are removed before your child's next PE lesson. This is an important safety consideration for your child and those participating alongside them.

Jewellery and Piercings

No jewellery should be worn in school, so this should not present an issue during PE lessons. However, we currently have some students who are unable to remove their piercings. Where this is the case, students must follow the academy's expectations regarding the safe management of piercings during PE. Please contact the school if you require clarification about the appropriate arrangements.

Thank You for Your Support

We would really appreciate your support in ensuring that students arrive at PE lessons with the correct kit and equipment and are ready to participate safely. Having the appropriate clothing and equipment helps students get the most out of their PE lessons while reducing avoidable risks.

Thank you for your continued support and cooperation.

Yours sincerely

Joanne Stephens

Mrs J Stephens
Subject Leader of PE

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