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JS/KRE

3rd November 2026

Dear Parents/Carers

PE Department Newsletter

As we start the second half of the Autumn term, I would like to take this opportunity to thank you for your continued support of the PE department. Whether you are ensuring your child arrives at their PE lesson with the correct kit, standing on the sidelines in the pouring rain to support them as they represent the school, or taking the time to read our match reports on Facebook, we are incredibly grateful for your support. It makes a real difference to the opportunities we can offer our students.

Extra-Curricular Clubs

The first half term has flown by, and there has been so much happening in the PE department! Attendance at our extra-curricular clubs has been strong, and it is fantastic to see so many students getting involved.

We offer clubs every lunchtime and after school every day except Wednesday. If your child has not yet attended a club, it is certainly not too late! All students are welcome to join at any point during the year. They simply need to turn up, and they will be made very welcome. Our clubs provide a fantastic opportunity for students to try new sports, develop their skills and enjoy being active, all for free!

Fixtures and Competitions

Our school teams have also been extremely busy, with boys' and girls' football fixtures, netball matches and a dodgeball team representing Carlisle in the Cumbria School Games.

A special congratulations goes to our Year 8 and Year 10 girls' football teams, both of whom enjoyed very successful performances at their respective city tournaments. Both teams have qualified for the finals at Brunton Park in May. This is a fantastic achievement, and we wish them the very best of luck!

This half term, our football and netball teams will continue their fixtures. We also have the City and County Cross-Country Championships to look forward to, and we are hopeful that some rugby fixtures will take place too.

Inter-House Competitions

We are also hoping to continue expanding our inter-house competition programme, beginning with cross-country and then moving on to football and netball before the Christmas break.

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These competitions provide a fantastic opportunity for students to experience competitive sport, represent their tutor group and earn points for their house. We hope to see as many students as possible getting involved and supporting their teams.

A quick reminder for all KS3 students: please ensure you bring trainers or football boots that you do not mind getting muddy for your first PE lesson after 4th November. All students will be using the school field during these lessons, so muddy footwear is very likely!

GCSE PE Update

Our GCSE PE students have recently completed their netball practical assessments and have worked incredibly hard, with some excellent results achieved.

Looking ahead, the Year 11 GCSE Football practical assessments are scheduled for Wednesday 18th November, followed by Dance assessments on 2nd and 9th December.

Our Year 10 GCSE PE students have also made a very promising start to the course, and we look forward to seeing their progress over the coming months.

Thank you once again for your continued support. We have had a fantastic start to the year, and we look forward to another busy and successful half term in the PE department!

Yours sincerely

Joanne Stephens

Mrs J Stephens
Subject Leader of PE

Proud to support The National Year of Reading 2026. GO ALL IN.

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