

RMCG/KRE

25th October 2024

Dear Parents/Carers

I wanted to write to you at the end of this first half term to thank you for your support at the start of this academic year. We have started the year well with attendance and uniform standards showing great improvement, significant reductions in the numbers of children being sanctioned for poor behaviour choices and a summer set of results which show the improvement journey continuing well.

We were also delighted to be awarded with the Best Secondary School trophy at the Cumbria Golden Apples Education awards a few weeks ago. This is a wonderful achievement for our school community and I am very thankful to those of you who nominated and supported us for this award.

As you'll know we reach the half term break next week and I am looking forward to welcoming all students back to the academy on Monday 4th November. We had a really good start in terms of uniform and standards but a couple of gentle reminders:

- Students are not allowed to wear short jersey style skirts.
- Students are not permitted to wear jewellery in school.
- Mobile phones should not be used in school.

As you will expect we will start the next half term resetting these standards so please bear this in mind when Monday 4th November comes around.

We have been delighted to receive the first few PROUD messages from parents to celebrate the brilliant things your children do outside of school. Please do continue to share with us with a picture if you would like us to publicise on our own social media platforms. If you do not already, please do follow our Facebook page which is regularly updated with news and pictures from what goes on every day in our academy.

Please find attached to this email a copy of the proposed winter menus for dining at the academy. Thank you for those of you who responded to our survey on this earlier in the term we will feedback to you in due course actions that have resulted. You and your child will also receive invitations shortly to take part in the United Learning Student and Parent surveys. These are really important in us collecting your views. There will be more to come on this after half term.

We have a full timetable of revision for Year 11 students during Half Term, these are a mixture of in school and virtual classes. Students will be emailed invitations to the virtual sessions so they can access through Teams. The timetable is overleaf.

I hope everyone has a restful half term. If you require any support during half term, please do get in touch via the academy website. Thank you again for your support.

Yours sincerely

Richard McGuire

Ri Prin Cipa Morton Academy, Wigton Road, Carlisle CA2 6LB t 01228 822644 • e info@rrma.org.uk • www.rrma.org.uk



Y11 Monday **Tuesday** Wednesday **Thursday Friday REVISION SESSIONS History** (Paper 1) PΕ Maths (Foundation) Geography Maths (Higher) Morning Mr Richardson Online Mr Little Mr Little Mrs James 9.00am - 10.30am 10.00am -12.00pm Mr Evans 10.00am -12.00pm 10.00am - 12.00pm (Mrs Evans) **Performing Arts** Chemistry 10.30am - 11.30am **Engineering** Miss Smith **Separate Science** Mr O'Roarty 9.30am-12.30pm Online Music 10.00am -1.00pm Miss Lee Mr Young (Mrs Bewley) 10.00am -12.00pm 11.30am - 12.30pm Afternoon **Hospitality and Catering** RE Spanish Computing Mrs Jones Mrs Ryan Online Mr Zasadzinski 12.00pm - 3.00pm 12.30pm-3.30pm 12.00pm - 3.00pmMrs Evans (Mark Evans) **Higher Combined Science** 12.30pm-1.30pm **English Literature** Online An Inspector Calls Miss Lee Online (Mrs Bewley) Mr McGuire 12.30pm - 1.30pm (Mrs Craig) 2.00pm - 3.00pmSpanish **Online** Mrs Evans (Mark Evans)

12.30pm - 1.30pm

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Lunch Menu.

WEEK ONE - AUTUMN WINTER

(V) vegetarian option (Ve) vegan option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Mexican Vegetable & Mixed Bean Quesadilla, Warm Nachos (V)	Chilli Con Carne & Fiesta Rice	Roast Gammon with Gravy & Roasties	Chicken & Sri Lankan Dhal, Steamed Mixed Rice	Sustainably Sourced Battered Fish & Chips
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Italian Vegetable & Giant Couscous Stew, Garlic Crostini	Chilli Sin Carne & Fiesta Rice (Ve)	Roast Quorn, Gravy & Roasties	Sweet Potato, Sri Lankan Dahl & Steamed Mixed Rice	Cheese & Tomato Pizza & Wedges/Chips
(Ve)		113/11		uşu Ca
Margarita Pizza Jacket Potatoes Pastries	Pepperoni Pizza Margarita Pizza Jacket Potatoes Pastries	Pepperoni Pizza Margarita Pizza Jacket Potatoes Pastries	Pepperoni Pizza Margarita Pizza Jacket Potatoes Pastries	Pepperoni Pizza
Penne Pasta with a Choice of Sauce	Penne Pasta with a Choice of Sauce	Penne Pasta with a Choice of Sauce	Penne Pasta with a Choice of Sauce	Penne Pasta with a Choice o Sauce
	7		7	
Selection of Freshly Baked Baguettes and Sandwiches	Selection of Freshly Baked Baguettes and Sandwiches	Selection of Freshly Baked Baguettes and Sandwiches	Selection of Freshly Baked Baguettes and Sandwiches	Selection of Freshly Baked Baguettes and Sandwiches
Wrap of the Day (Pod)	Wrap of the Day (Pod)	Wrap of the Day (Pod)	Wrap of the Day (Pod)	
Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Broccoli	Fajita Sweetcorn	Mixed Vegetables	Garden Salad Sri Lankan Vegetable Salad Wedges	Peas
Mixed Salad	Mixed Salad	Mixed Salad		Mixed Salad
Home bake Selection, Fruit, Yoghurt, Jelly Pots	Home bake Selection, Fruit, Yoghurt, Jelly Pots	Home bake Selection, Fruit, Yoghurt, Jelly Pots	Home bake Selection, Fruit, Yoghurt, Jelly Pots	Home bake Selection, Fruit, Yoghurt, Jelly Pots

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Lunch Wenu.

WEEK 2 – AUTUMN WINTER

(V) vegetarian option (Ve) vegan option



Green Earth M	onday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato Ma (V)	c 'n' Cheese	Pulled Chicken Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa	Roast Chicken, Crispy Roasties & Gravy	Thai Yellow Chicken & Vegetable Curry Mixed Rice	Oven Baked Chicken Nuggets & Chips
Buffalo Burrito	(Ve)	Smoky Quorn Rice Bowl, Crispy Baked Tortilla, Lettuce & Salsa (V)	Roasted Cauliflower Cheese Tart, Crispy Roasties & Gravy	Thai Yellow Vegetable Curry Mixed Rice (Ve)	Cheese & Tomato Pizza & Wedges/Chips (V)
Margarita Pi Jacket <u>Potat</u> Pastries		Pepperoni Pizza Margarita Pizza Jacket <u>Potatoes</u> Pastries	<u>Pepperoni</u> Pizza Margarita Pizza Jacket <u>Potatoes</u> Pastries	Pepperoni Pizza Margarita Pizza Jacket Potatoes Pastries	Pepperoni Pizza & Wedges/Chips
Penne Pasta with a	Choice of	Penne Pasta with a Choice of Sauce	Penne Pasta with a Choice of Sauce	Penne Pasta with a Choice of Sauce	Penne Pasta with a Choice of Sauce
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Selection of Fresh Baguettes and Sa		Selection of Freshly Baked Baguettes and Sandwiches	Selection of Freshly Baked Baguettes and Sandwiches	Selection of Freshly Baked Baguettes and Sandwiches	Selection of Freshly Baked Baguettes and Sandwiches
Wrap of the Day	(Pod)	Wrap of the Day (Pod)	Wrap of the Day (Pod)	Wrap of the Day (Pod)	
Baked Bea		Baked Beans	Baked Beans	Baked Beans	Baked Beans
Garlic Brea Green Bea Garden Sa	ns	Fajita Sweetcorn Garden Salad	Seasonal Mixed Vegetables	Asian Slaw, Garlic Green Beans	Peas
		Garden Salad	Garden Salad	Garden Salad	Garden Salad
Home bake Sel Fruit, Yoghurt, Je		Home bake Selection, Fruit, Yoghurt, Jelly Pots	Home bake Selection, Fruit, Yoghurt, Jelly Pots	Home bake Selection, Fruit, Yoghurt, Jelly Pots	Home bake Selection, Fruit, Yoghurt, Jelly Pots

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WEEK THREE AUTUMN WINTER



(V) vegetarian option (Ve) vegan option

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
ST*R DISH	Veggie Bolognese Pasta Bake with Garlic Bread (V)	Chicken & Vegetable Enchilada, Savoury Rice	Bangers & Mash	Chicken & Vegetable Korma, Mixed Rice & Gunpowder Potatoes	Oven Baked Chicken Goujons & Chips
MEAT' FREE	Vegetable Cheeseburger (V)	Mexican Vegetable Stew & Baked Tortilla (Ve)	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V)	Roasted Cauliflower & Sweet Potato Curry, Mixed Rice & Gunpowder Potatoes (Ve)	Cheese & Tomato Pizza & Wedges/Chips (V)
ĞRAB & GO+	Margarita Pizza Jacket <u>Potatoes</u> <u>Pastries</u>	<u>Pepperoni</u> Pizza Margarita Pizza Jacket <u>Potatoes</u> Pastries	<u>Pepperoni</u> Pizza Margarita Pizza Jacket <u>Potatoes</u> Pastries	Pepperoni Pizza Margarita Pizza Jacket Potatoes Pastries	Pepperoni Pizza & Wedges/Chips
PET 'N' TASTY	Penne Pasta with a Choice of Sauce	Penne Pasta with a Choice of Sauce			
WRAP OR SUB	Selection of Freshly Baked Baguettes and Sandwiches Wrap of the Day (Pod)	Selection of Freshly Baked Baguettes and Sandwiches Wrap of the Day (Pod)	Selection of Freshly Baked Baguettes and Sandwiches Wrap of the Day (Pod)	Selection of Freshly Baked Baguettes and Sandwiches Wrap of the Day (Pod)	Selection of Freshly Baked Baguettes and Sandwiches
SIDES **	Baked Beans Green Beans Garden Salad	Baked Beans Sweetcorn Wedges, Garden Salad	Baked Beans Mixed Vegetables Garden Salad	Baked Beans Steamed Broccoli Garden Salad	Baked Beans Peas Garden salad
T DAY'S DESSERTS	Home bake Selection, Fruit, Yoghurt, Jelly Pots	Home bake Selection, Fruit, Yoghurt, Jelly Pots			

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