



Morton Academy

The best in everyone™

Part of United Learning

KW/KRE

3rd February 2025

Dear Parent/Carer

Cyclewise – Bikeability Level 3

We have an exciting opportunity coming up where Cyclewise, a mountain bike and road bike specialist business based in the Lake District, will be delivering a Bikeability Level 3 course to up to 24 Morton Academy students in years 7, 8 and 9.

Bikeability is the all-new cycling training scheme for the 21st century. Many adults will remember doing their 'Cycling Proficiency' when they were at school. This new 'Bikeability' training scheme is an up to date version of the old Cycling Proficiency course and is designed to give the next generation the skills and confidence to ride their bikes on today's roads. Cycling is healthy and fun, but it is necessary to learn how to do it safely.

Thousands of children now have the chance to receive this new award as part of a nationwide scheme and Morton Academy is very lucky to have been chosen to receive funding from the Department of Transport (DFT) so that it can be delivered FREE of charge to your child.

For more information, please take a look at the website www.bikeability.org.uk.

Bikeability training will equip your child with the necessary skills and knowledge required to cycle safely throughout the rest of their life. Once they have learnt how to ride their bike and ride it safely, it is something they will never forget.

*The training will take place at **Morton Academy** and the surrounding area on the **14th March 2025** during the school day. The training meets all Level 3 National Training Standards and all Cyclewise instructors are fully qualified and have an Enhanced DBS check. The training will be run on an instructor ratio of 1:3 and may be videoed by helmet camera for training purposes only. The session will last for around 2 hours. This is site specific; risk assessed training. Advanced road positioning and understanding will be explained and taught to give your child the necessary skills to travel to school safely.*

We ask that you ensure that your child's bike is in good working order and roadworthy before the course begins. All bikes will be checked over by our instructors and any child with an unsafe bike will be unable to continue with the course.

If your child would like to participate in this course, please complete this [Cyclewise Bikeability L3 Course](#) with your child's name and year group. There are 24 spaces available and this will operate on a first come, first served basis. Should your child be one of the 24, they will receive a letter with further information.

Yours sincerely

Karl Wilson

Assistant Principal/Subject Leader for PE

Richard Rose Morton Academy, Wigton Road, Carlisle CA2 6LB

☎ 01228 822644 • ✉ info@rrma.org.uk • www.rrma.org.uk